



the beauty spa

Guinot Hands on Manual Facials

Age Summum Treatment

The pinnacle of anti-ageing treatments, Age Summum, uses pure Vitamin C, Hyaluronic Acid and Pro-Collagen to target the signs of ageing. Active ingredients are penetrated into the skin using the exclusive Age Summum anti-ageing facial massage. Fine lines and wrinkles are smoothed and the skins' youthful radiance is restored. 60mins - £76.00

Lift Summon Treatment

An exclusive firming treatment that immediately reduces signs of ageing and fatigue, focusing on the face, neck and décolleté. The unique stimulating massage visibly lifts and firms while the active ingredients penetrate into the skin leaving the face firm and skin smooth. The anti-wrinkle eraser diminishes the appearance of wrinkles, whilst the unique specific face mask restores a youthful appearance. £76.00

Hydra Peeling

The radiance peeling treatment. A skin rejuvenating treatment with 2 peeling options adjusted and prescribed to your skin's sensitivity, so clients with sensitive skin can also benefit from this facial. A revolutionary skin renewal treatment with an enhanced cellular regeneration peel. This is an alternative to aesthetic medicine that erases visible signs of ageing, brightens skin and diminishes dark spots. 60mins - £75.00

Hydra Peeling with Abrasion

An alternate treatment to the above Hydra Peeling facial, this facial is ideal for sensitive skins that require deep exfoliation to help minimize the appearance of fine lines, superficial pigmentation and dehydration. £75.00

Guinot Machine Based Facials

Hydradermie Youth

Guinot's new revolutionary patented machine provides the true alternative to aesthetic medicine by increasing the biological and cellular activity within the skin through the use of 3 unique functions; Thermal energy, Dynamic Ionisation and lifting stimulation, these treatments pay particular attention to the eye and neck area. 75mins - £78.00

Hydradermie Youth Lift

We can't fight against time, but we can reduce the effects of time on the skin. This effective lifting treatment stimulates the facial muscles using a low frequency current which causes a toning action, stimulating the muscle fibres in the skin leaving a smoother firmer and more youthful appearance. This treatment includes face massage & mask. 60mins - £68.00

Hydradermie Youth Delux

A combination of the Hydradermie Youth and Hydradermie Youth Lift will leave your skin looking fresh and radiant. Experience an immediate lifting treatment through the stimulation of the muscles, lifting the face, adding firmness and leaving an overall younger appearance to the face. 105mins - £120.00

Guinot Machine Based Facials (continued)

Hydradermie² – The Original Facial

A star treatment giving visible results from your very first treatment. Adapted to your skin and concerns, this unique innovative facial enables fast and deep penetration of products using double ionisation technology equalling exceptional effectiveness. This facial includes a hand and arm massage. 75mins - £69.50

Hydradermie² Lift

This is a full workout for the face designed for skin that shows a loss of elasticity. Targets areas where wrinkle and fine lines are most evident by contracting the facial muscles. A spectacular lift effect after only one session. 45mins - £55.00

Hydradermie² Deluxe

A combination of the Hydradermie² and Hydradermie² Lift will leave your skin looking fresh and radiant. Experience an immediate lifting treatment through the stimulation of the muscles, lifting the face, adding firmness and leaving an overall younger appearance to the face. 105 mins - £100.00

Hydradermie² Eye Logic

Instant eye repair treatment targets the signs of ageing and tiredness around the delicate eye area, including fine line, wrinkles puffiness and dark circles. Using an expert combination of machine technology, hands on massage and a specifically designed eye mask soaked in concentrated skin repair serum. 45 mins - £52.50

Eyelash & Eyebrows*

Eyebrow shape	£13.00
Eyelash tint*	£17.50
Eyebrow tint*	£12.00
Eyelash and eyebrow tint*	£27.50

*A patch test will be required 24 hours prior to tinting

LVL - Length Volume Lift

A setting serum is applied to straighten and lift your natural lashes, then your lashes are tinted, creating the appearance of mascara. £52 - 1hr

We firmly suggest an Eyebrow tint at the same time to complete the look. £12

Please arrive without any mascara or eye make-up on.

A patch test will be required 24 hours prior to LVL

Microblading

Microblading is surface tattooing of eyebrows, enabling natural bespoke eyebrows designed with you, to suit your face. Small, precise strokes using a fine microblading pen mimic real hairs giving a natural look, the 'hairs' are individually drawn. This is a topical tattoo, results last 12-18 months, many experience a longer result. A lot depends on the colour you decide upon.

Treatment includes:

Consultation	
Allergy Testing	
3 hour design and application	
2 Hour Re-Touch	£350.00
Reapply from 12 -18 months	£150.00

Hand and Foot Care

Jessica Manicure - 45mins	£37.00
Jessica Pedicure - 1hr	£40.00
Jessica Manicure & Pedicure - 1hr 45mins	£72.00
Add Paraffin Wax	£10.00
Add Heated Booties/Mitts	£5.00

Gel Overlays

On hands or feet, including full manicure/pedicure.
Lasts approx 2-3 weeks.

Gelation Manicures - 1hr	£42.00
Gelation Pedicures - 1hr	£42.00
Gelation Manicure & Pedicure - 2hrs	£79.00
Soak Off when re-applying polish or gels	£10.00
Soak Off alone	£28.00

Tanning Treatments

St Tropez Spray Tan Classic	£28.00
Dark and Express Spray Tan	£32.00
Vita Liberta Organic Spray Tan	£32.00

BIAB Nails

A form of gel nails with a stronger base, ideal for clients who struggle to grow their nails or wanting a gel that lasts longer.

BIAB Natural Colour	£48.00
BIAB Gel Colour Overlay	£52.00
BIAB Infills	£48.00

Hair Reduction Ellipse Pulsed Light Therapy

Safe clinically proven light therapy to reduce unwanted hair from all areas of the face and body, approx 6 treatments are needed. Special offer - Pay for 5 get the 6th one free

Upper Lip	£30.00
Chin	£40.00
Breast Bone	£40.00
Stomach (Centre Line only)	£40.00
Buttocks (Centre Line)	£40.00
Sides of Face	£45.00
Neck	£50.00
Half Back	£50.00
Stomach	£50.00
Underarms	£60.00
Half Arm	£60.00

Lip and Chin	£60.00
Bikini Line (regular)	£80.00
Bikini Line (extended)	£90.00
Full Back	£100.00
Full Arm	£100.00
Brazilian/Hollywood	£100.00
Half Leg Upper or Lower	£150.00
Full Leg	£250.00

Please Note: A patch test and consultation is required for Laser Treatments. This is free of charge

Photo Rejuvenation Facial

Skin rejuvenation treatment with Ellipse is the next step in anti ageing facials, the safe visible light makes your skin look smoother, fresher and younger by;

- Diffusing Redness
- Reducing Pore Size
- Removing Age Spots
- Reducing Uneven Pigmentation
- Boosting Collagen Production

Full Face & Neck £95.00

Photo Rejuvenation Hands

Hands £60.00

Single Sun Spot £30.00

Please Note: A patch test and consultation is required for Laser Treatments. This is free of charge

Facial Thread Vein Removal

Ellipse uses a short burst of light emitted from a flash lamp to remove those thin veins from your face.
3-6 treatments needed.

Nose £50.00

Cheeks £80.00

Chin £50.00

Advanced Electrolysis

Skin Tag Removal - 15mins £40.00

Broken Capillaries - 15 mins £40.00

Electrolysis

15mins £20.00 course of six £100.00

30mins £35.00 course of six £175.00

60mins £65.00 course of six £325.00

Strip Waxing - Tea Tree Products

Lip or Chin	£12.00
Eye brows	£13.00
Eye brows & Lip	£24.00
Bikini Line	£15.00
Underarms	£15.00
Lip & Chin	£15.00
Half Arm	£18.00
Full Arm	£22.00
Half Leg	£22.00
Half Leg & Bikini	£32.00
Half Leg & Eye brows	£33.00
$\frac{3}{4}$ Leg	£26.00
$\frac{3}{4}$ Leg & Bikini	£35.00
Full Leg	£30.00
Extended Bikini	£20.00
Brazilian	£30.00
Hollywood	£36.50

Full Leg & Bikini	£38.00
Full Leg & Extended Bikini	£42.00
Full Leg & Brazilian	£54.00
Full Leg & Hollywood	£60.00

Intimate Hot Waxing

Bikini Line	£20.00
Brazilian	£30.00
Hollywood	£36.50

Men's Waxing

Back Wax	£25.00
Chest Wax	£22.00
Back & Chest Wax	£40.00
Eye brow Wax	£13.00

Deep Cleanse Treatments

Back Treatment

This is an excellent treatment for the problem back area, ideal for congested and pigmented skin. 1hr - £58.00

Deep Cleansing Facial

This treatment incorporates a facial steam, blocked pore removal followed by a detoxifying mask, ideal for teenage and congested skins. 1hr - £58.00

Beauty Lab Microneedling Facial

Microneedling, also known as “collagen induction therapy”, involves hundred of tiny needles puncturing the skin. This method can be used to enhance the delivery of active ingredients in skin care together with regeneration of skin and stimulating natural production of healthy collagen and elastin. This promotes smoother skin and results in a more radiant, youthful complexion. 1hr - £100.00 1hr 15mins with Dermaplanning - £110.00

Beauty Lab Glycolic Peel Facials

Deep Cleansing Peel

This treatment is ideal for congested/tired complexions. This facial includes a double cleanse, exfoliation, peel plus removal of blocked pores if required, followed by a deep cleansing mask. 1hr - £67.00

Anti-Ageing Peel

Using anti-ageing products and facial massage, this facial is ideal for pigmented, dull skins that need resurfacing to reveal a bright rejuvenated complexion. 1hr - £67.00

(Neither suitable for sensitive skins)

Beauty Lab Dermaplaning Facial

Uses a sensitive exfoliating blade to skim dead skin cells and hair from your face. Results include smoother more youthful skin. Visibly improves acne scarring and hyper pigmentation. 1hr - £70.00

With Glycolic Peel 1½hr - £90.00 not suitable for sensitive skins

Mesotherapy

Mesotherapy is a French rejuvenation technique that uses micro injections of vitamins, enzymes, antioxidants and hyaluronic acid to regenerate the skin naturally.

Mesotherapy is a safe, natural alternative to more invasive cosmetic procedures and is ideal for dry dehydrated skin, fine lines and wrinkles, pigmentation and as a skin boost to maintain a healthy glow.

We offer 2 types of mesotherapy

Nappage Mesotherapy Facial

The less invasive and pain free option which is performed over the full face for an all over glow, this treatment includes a peel and LED lamp. £120.00

Targeted Areas

This treatment is a series of micro injections using the nano soft needle which delivers the anti aging ingredients to specific areas, this treatment is slightly more invasive. All Treatments conclude with the LED lamp to promote healing.

Eye Area	£130.00
Neck & Décolletage Area	£140.00
Forehead Area	£130.00
Full Face including Eyes	£180.00
Pigmentation patches	£120.00

Celluma LED Lamp Facial 45mins	£50.00
Blue light for Acne concerns	
Red light for anti ageing/rejuvenating	

Elemis Facials

We offer the award-winning Elemis range of luxurious Facial and Body therapies in our beautiful Spa. Elemis Spa treatments work in natural synergy with the skin, body and mind. Dedicated Spa therapists provide a unique spa experience; facials include relaxing massage of arms hands & feet, all products used are of the highest quality. A truly exceptional experience in calm and peaceful surroundings.

Booster Facial

This introductory facial provides a quick and instant pick-me up for any occasion. A boost for the skin. 25mins - £38.00

Skin Specific Facial

A luxurious tailored facial for your individual skin type. Products are catered to your individual concerns. 55mins - £60.00

Superfood Pro Radiance Facial

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven to leave skin plumper, radiant and lit up with good health. 1hr 10mins - £77.00

Pro Definition Lift & Contour Facial

Time to shape up and sharpen up. Conditioning massage and tightening jowl and chin masks help restore youthful contour to the cheeks and jawline. Skin is left elasticised and supported – it's still you, but in high definition. 1hr 10mins - £77.00

Pro Collagen Age Defy Facial

Tackles fine lines and wrinkles with clinically proven age defying benefits of marine charged Padina Pavonica. Targeted massage encourages optimum cellular function for nourished, younger looking skin. This facial incorporates an arm and foot massage. 1hr 10mins - £77.00

Dynamic Resurfacing Precision Peel

Clinically proven to target the signs of ageing and uneven skin tone; this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger looking skin. 1hr 10mins - £77.00

NEW Peptide Reviving Facial

Inspired by the body's miraculous inner clock and formulated to support tired complexions, this skin renewing facial using the Peptide 24/7 range is made to target the look of tired skin and help you achieve a well-rested glow, around the clock. 1hr 10mins – £77.00

High Performance Skin Energiser For Men

A hydrating, energising treatment for stressed, fatigued skin. This facial boosts circulation whilst restoring moisture. 1hr 10mins - £77.00

Express Facials

Dynamic Resurfacing, Peptide Reviving, Pro Collagen Age Defy, Superfood Pro Radiance and Men's High Performance also available as Express Treatment – 40mins £48.00

Elemis Bio-Tec Facials

Elemis Pro Glow Resurfacer (Dynamic Range) Exfoliating. Includes Biotec Ultrasonic, LED Light Therapy 7 in 1 mask and Galvanic
1hr 10mins - £82.50

Elemis Pro Glow Brilliance (Superfood Range) Hydrating. Includes Biotec, Ultrasonic, Galvanci and Oxygen infused.
1hr 10mins - £82.50

Elemis Pro Glow Smooth (Pro Collagen Range) Anti Ageing. Includes Biotec Ultrasonic, Microcurrent and Oxygen Infusion
1hr 10mins - £82.50

Elemis Pro Glow Renewal (Appropriate skin care). Includes Biotec Ultrasonic, Resurfacing
1hr 10mins - £82.50

Elemis Pro Glow Genius+. Includes Biotec Ultrasonic, Microcurrent, Galvanic, LED Light Therapy 7 in 1 mask, Oxygen Infusion. 1hr 25mins - £90.50

Body Treatments

Frangipani Nourishing Wrap

This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Frangipani Oil offers super hydration for dry, dehydrated skin. You are kept cocooned and warm whilst the skin conditioning oils do their work. This treatment also involves a booster facial. 1hr 10mins - £70.00

Intensely Cleansing Salt Scrub – Lime & Ginger or Frangipani

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. The fragrant salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin to absorb the deeply nourishing body oil. 40mins - £48.00

Garden of England Rose Restore

Take a walk in an English Rose Garden with this lavishly hydrating body massage and wrap. Rose, Camelia and Poppy Seed oil restore elasticity whilst encouraging skin renewal. The body is annointed with nourishing oils whilst a Rose Balm and bespoke massage comfort the skin. This treatment incorporates a booster facial treatment. 1hr 25mins - £78.00

Hot Mineral Boost

This powerful treatment stimulates every cell in the body helping to alleviate muscular pain and remove toxins. The heated minerals are a catalyst to warm and relax the body before the nourishing amber balm is applied. 1hr 10mins - £72.00

Detox and Cellulite

Elemis AromaSpa Ocean Wrap – Cellutox

Designed to detoxify, decongest and stimulate your bodys' system. You are cocooned in a comforting foil wrap and treated to a soothing facial massage and de-stress scalp treatment. Combining the richness of sea plants and Marine Algae, this therapy helps refine the appearance of cellulite and relieve the discomfort of fluid retention. The body is re-energised and skin is left silky soft and smooth. 1hr 10mins - £74.00

Thousand Flower Detox Wrap

This treatment provides super skin health and powerful detoxification, helping stimulate the elimination process. Omega rich green tea seed oil is massaged into the skin, followed by the Thousand Flower vitamin packed super nutritious earth wrap. A nourishing green tea balm is the final touch leaving you feeling completely invigorated. 1hr 10mins - £74.00

Targeted Toning Tightener

A powerful blend of salts, minerals and seaweeds which work together to target cellulite and poor skin tone. Nigari salt deeply cleanses followed by a targeted sculpting massage to kick start the circulation, promoting a smoother silhouette. A cooling rubberised mask rich in super detoxing caffeine and green clay is applied to problem areas. 1hr 10mins - £74.00

Holistic Massage

Non-intrusive complementary therapies

Holistic treatments will directly aid relaxation, mood improvement, sleep patterns and relieve tension. Holistic therapies aim to work alongside allopathic mainstream healthcare to promote better health.

Indian Head Massage

Indian Head Massage is a safe, accessible, therapeutic treatment that can provide instant relief from tension, eyestrain and mental and emotional stress symptoms. It is excellent for disturbed sleep and insomnia, can help with mental tiredness and tension, and improve concentration. It promotes a healthy scalp and hair, and helps induce a state of relaxation and a feeling of well-being. No oils are used in this therapy. 25mins - £38.00

Indian Head & Foot Massage

Adding to the benefits of an Indian Head Massage, complete this complimentary therapy with a most relaxing indulgence, a foot massage, maximising the potential of these therapies. 40mins - £47.00

Indian Head Massage, Back Massage and Foot Massage

Combine our 3 most popular massage therapies to experience an extended treatment that will increase your sense of wellbeing. 1 hr 10mins - £78.00

Neom Well Being Therapies

These unique treatments allow you to venture to the deepest point of relaxation. The holistic benefits bring a deep sense of physical and mental relaxation and wellbeing. There are 3 different treatments available:

- De-Stress
- Sleep
- Mood Boost

The particular treatment you have is determined from your response to the different scents in your consultation. The treatment starts with guided meditation and breathing techniques to ease the body into a comfortable relaxed state.

All treatments will involve many different massage techniques using your chosen scent. All Neom products are 100% natural, ethically sourced and finely crafted in Britain from sustainable origins with absolutely no artificial ingredients. 1hr 10mins - £75.00

Massage Therapies

Aroma Stone Therapy

A full body experience which includes a booster facial. The deep penetrating heat from the stones is used to massage the entire body, promoting a deep sense of relaxation. This massage has a lighter pressure than the Swedish or Deep Tissue massage. 1hr 25mins - £84.00

Aroma Stone Back Massage

An intensive back treatment designed for the upper body, the deep penetrating heat from the stones is used to massage the back and totally relax the muscles. 40 mins - £47.00

Swedish Full Body Massage

A soothing full body massage designed to ease away tension, restoring a sense of tranquillity leaving you feeling totally relaxed. 55mins - £69.00

Back, Neck and Shoulder Massage 25 mins - £38.00

Deep Tissue Back Massage

Minimum time, maximum tension-relieving results. Specifically targeting the back, shoulders and neck areas, where you need it most. 25mins - £40.00

Deep-Tissue Full Body Massage

Focusing on relieving tension and aching muscles, this firm deep pressure massage can be tailored to suit your individual needs usually specially blended massage oils. 55mins - £72.00

Lava Shell Full Body Massage

1hr 10 mins - £78.00

Lava Shells are the worlds first self heating massage tool that delivers heat and warmth to your massage, an indulgent massage treatment to soothe and relax aching muscles.

Lava Shell Back Massage

40 mins - £48.00

Treatment Packages

Top to Toe

Jessica Manicure

Jessica Pedicure

30 minute Massage

Hydradermie2 Facial

3hrs 25mins - £165.00

Absolute Spa Ritual

Choose from one of the unique Elemis Advanced Anti-Ageing or Skin Solutions Facials and combine it with the powerful effects of the Elemis Deep Tissue Muscle Massage. 2hrs 10mins - £140.00

Elemis Exotic Journey

An exotic journey of a Lime & Ginger Salt Glow Scrub followed by the heavenly Aroma-Stone Massage.
1 hr 55 mins - £122.00

Mother to be Ritual

Pamper your self with a luxury paraffin wax pedicure which will leave your feet beautifully smooth, soft and supple, together with a totally relaxing Elemis Superfood Pro Radiance facial to leave your skin firm and rejuvenated 2hrs 15mins - £117.00

Pregnancy Pampering

Relax in our spa and enjoy a 45 minute Body Massage which focuses on feet, lower legs, arms, neck and shoulders. Followed by an Elemis Booster Facial. 1hr 15 mins - £77.00

Cancellation Policy

Clients wishing to cancel or change an appointment are requested to give at least 24 hours notice. If no notice is given the full cost of the treatment will be charged.

All appointments over 30 minutes in length require a £30.00 deposit payment in advance.

This will be deducted from the bill on departure. This is transferrable if 24 hours' notice of cancellation or amendment is given.

Please arrive on time for your appointment, we reserve the right to amend your treatment due to time limitations if you are late.

The Spa environment is one of tranquillity and relaxation, please respect the peace and privacy of other clients. With this in mind children are not permitted in the spa area, and please put your mobile phone to silent. Thank you

Opening Hours

Monday	9am - 5pm
Tuesday	9am - 8pm
Wednesday	8am - 8pm
Thursday	8am - 8pm
Friday	9am - 7pm
Saturday	9am - 5pm
Sunday	10am - 5pm





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Scan me to visit our
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treatments and therapies

